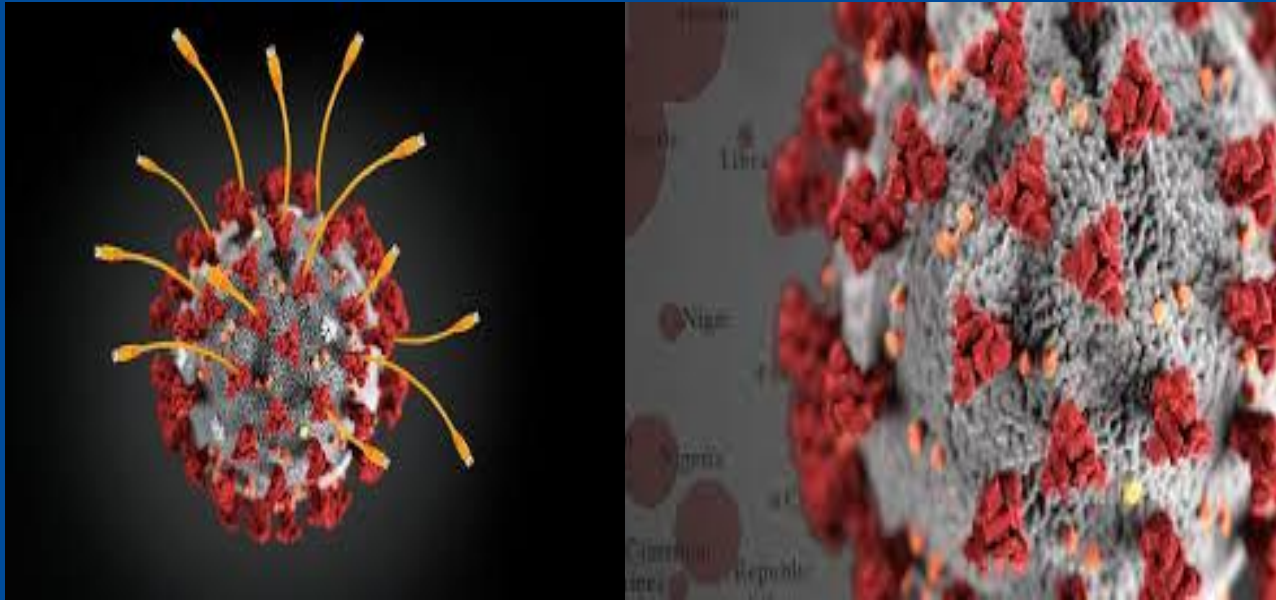


LIFE ORIENTATION: COVID-19 STUDY SKILLS



GRADE 10
Term 2: Week 2

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GAUTENG
PROVINCIAL GOVERNMENT
REPUBLIC OF SOUTH AFRICA

Growing Gauteng Together

Topic Overview

1. The impact of COVID19 on learning and studying
2. Changing and adjustment of learning and studying approaches
3. Adjusting study skills and methods to COVID19 conditions



Impact of COVID19 on learning and studying

- Due to the closure of all institutions of learning, learners have to study from home
- This means that only children from educated families are able to advance in their education as they have access to home schooling, while the majority of children who are from poor communities lag behind
- Learners have not been in constant contact with educators who usually explain the work
- Many children do not have a desk, books, internet connectivity, a laptop or parents who support them
- Many learners received their only healthy meal for the day at school
- Assessment of your school work has changed



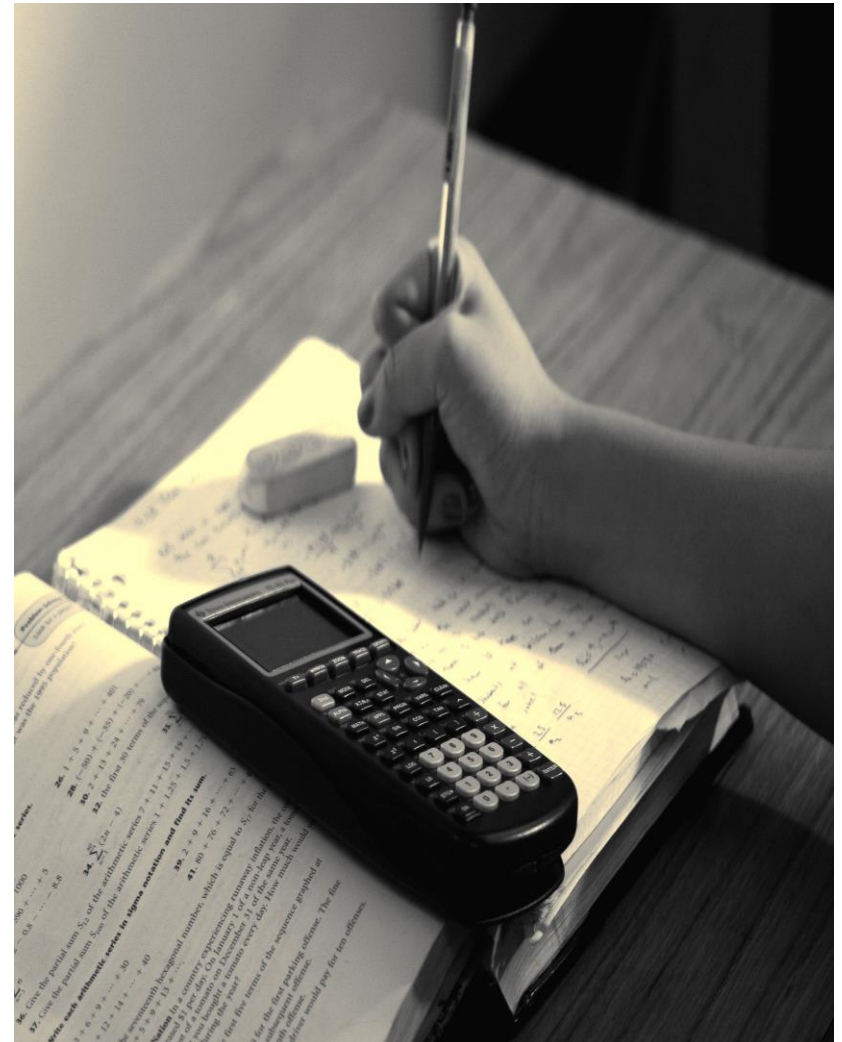
Changing and adjustment of learning and studying approaches

- Education has had to take place from home
- Your parents or older siblings have had to help you understand the subject content. They might have become frustrated and angry because they are not qualified teachers. This might have upset you and this might have been very stressful
- The June Exam has been postponed and you might have found it challenging to remain in contact with your teachers
- Remote learning has become the new approach: e.g. the DBE has launched support programmes for learners and teachers on TV and radio. The electronic and social media is now more important than ever before
- Some schools and teachers made use of whatsapp messages, videos, podcasts, Microsoft Office 365



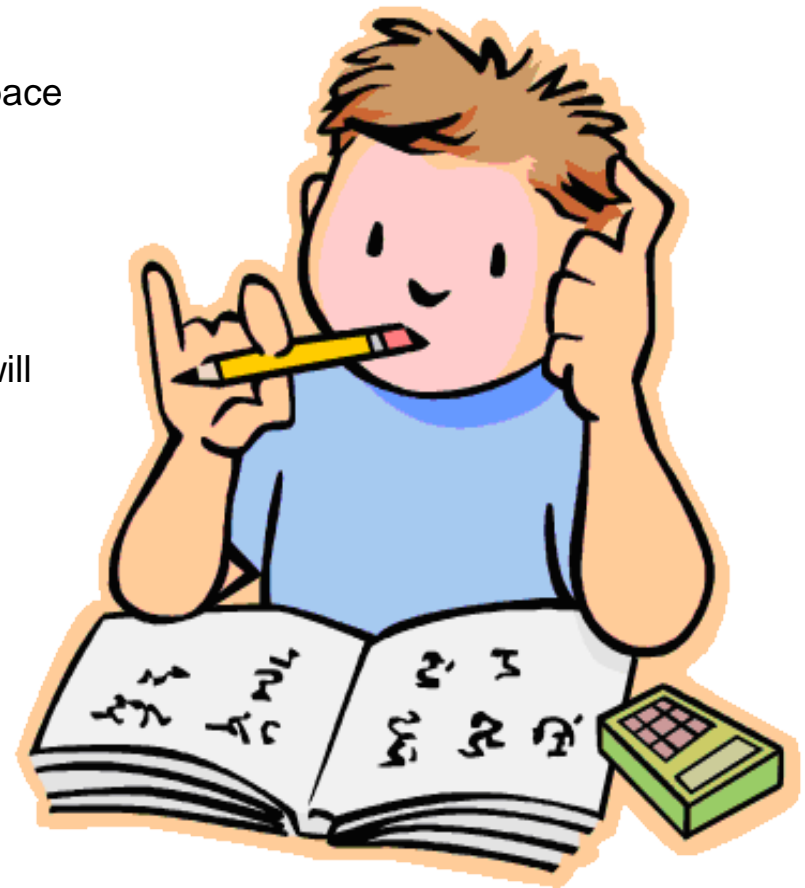
Adjusting study skills and methods to COVID19 conditions

- While you are at home, you will have to improve your concentration to deal with distractions. Switch your cell phone off, don't be tempted to watch television. Don't do schoolwork or study while in bed
- Don't let people interrupt and disturb you
- Manage a diary and make a weekly plan to remind yourself about the dates you have to hand in your tasks. Some schools have made arrangements for learners to submit electronically
- Organize and manage your time effectively. Don't be tempted to sleep late or to go to bed late.
- While doing your work and studying, reward yourself with breaks, e.g. walk around, do stretches, have something small to eat, check your phone



Tips for studying successfully

- Take responsibility
- Create a dedicated, neat, orderly study space
- Plan your time
- Be organized
- Make a study plan
- Look for creative ways to study
- Doing smaller chunks of work every day will help you remember the work better
- Take notes
- Make use of online video tutorials
- Team up with others
- Don't hesitate to ask for help
- Take care of yourself



Informal assessment

1. Mention 5 platforms that can be used in order to make sure that you remain in contact with your educators and fellow learners
2. Explain the term “remote learning”
3. How has assessment taken place at your school during the lockdown period?